





















Senior Services Associates Multipurpose Senior Center

March



Monday	Tuesday	Wednesday	Thursday	Friday
1 9:00 Tai Chi w/Leeann \$ 10:15 Trivia 12:45 Weeping Canasta March is In Like a 	2 9:00 Computer Training 9:45 Arthritis Exercise \$ 10:00 Dementia Caregivers 11:00 Decorating/Crafts Dr. Seuss' Birthday 1904 	3 9:00 Tai Chi w/Allison \$ 10:00 Bridge 12:00 Pool Games 1:00 Pinochle 1:00 Euchre Alexander G. Bell Born-1847 	4 9:00 Yoga for Senior 11:30 B/P Screening 12:00 Bridge 12:30 Phase 10 	5 9:45 Arthritis Exercise \$ 1:00 Hand & Foot Parachute Invented 1847 
8 9:00 Tai Chi w/Leeann \$ 10:15 Trivia 1:00 Wii Bowling snacks/prizes sponsored by Bickford Living 	9 9:00 Computer Training 9:45 Arthritis Exercise \$ 10:00 Men's Bridge 11:00 Decorating and Crafts 11:30 Fall Prevention talk & lunch sponsor: Bright Star Healthcare 1:00 Fall Prevention 	10 9:00 Tai Chi w/Allison \$ 10:00 Knitting / Crochet 12:00 Pool Games 1:00 Pinochle 1:00 Euchre NATIONAL CROCHET WEEK 	11 9:00 Yoga for Senior 9:30 Bible Study Group 12:00 Bridge 12:30 Bunco 	12 9:45 Arthritis Exercise \$ 1:00 Bingo 1:00 Hand and Foot Stop Smoking Day 
15 9:00 Tai Chi w/Leeann \$ 10:15 Trivia 12:45 Weeping Canasta "Ides of March" 	16 9:00 Computer Training 9:45 Arthritis Exercise \$ 11:00 Decorating and Crafts 11:30 St. Patrick's Day Party sponsor: Bickford Senior Living 	17 9:00 Tai Chi w/Allison \$ 12:00 Pool Games 1:00 Pinochle Spring begins in 3 Days	18 9:00 Yoga for Senior 12:00 Bridge 12:45 Weeping Canasta 	19 9:45 Arthritis Exercise \$ 11:30 Reverse Mortgage sponsor: Home State Bank 1:00 Cooking Demo: Cooking Shopping for One or Two 1 Day 2days
22 9:00 Tai Chi w/Leeann \$ 10:15 Trivia 10:30 Senior Forum 1:00 CLSCC Board Meeting 	23 9:00 Computer Training 9:45 Arthritis Exercise \$ 10:00 Men's Bridge 11:00 Decorating and Crafts 1:00 Fall Prevention	24 9:00 Tai Chi w/Allison \$ 12:00 Pool Games 12:30 Po-Ke-No 1:00 Pinochle First week of	25 9:00 Yoga for Senior 9:30 Bible Study Group 12:00 Bridge 12:30 Bunco Daylight Savings Time	26 9:45 Arthritis Exercise \$ 10:30 Health Screening sponsored by Converge Home 11:30 Birthday Party 1:00 Bingo & Hand and Foot 
29 9:00 Tai Chi w/Leeann \$ 10:15 Trivia 1:00 CLSCC Meeting Full Moon Day 	30 9:00 Computer Training 9:45 Arthritis Exercise \$ 10:00 Men's Bridge 11:00 Decorating and Crafts 	31 9:00 Tai Chi w/Allison \$ 12:00 Pool 1:00 Pinochle March is Out Like A 	Save the Date 4/9 Spring Luncheon 4/15 SER Presentation 4/21 Medicare/SS talk 4/23 Free Amp phone 4/29 Centegra Health Bus	